



**11th ASIAN OPEN WATER SWIMMING
CHAMPIONSHIP**
Hong Kong, China
8th – 10th November 2024



RULES & REGULATIONS

1. TITLE

The 11th Asian Open Water Swimming Championship.

2. AUSPICES

This championship will be organized under the auspices of the Asia Aquatics.

3. RULES

This championship will be managed in accordance to the World Aquatics & Asia Aquatics Rules and Regulations.

4. DATE & TIME

The competition schedule will be as follows:

10 KM	8 November 2024
5 KM	10 November 2024
Arrival	6-7 November 2024
Team Manager Meeting	7 November 2024 (10 KM Event) 9 November 2024 (5 KM Event)
Departure	11 November 2024

5. Venues

Plover Cove Reservoir (10 KM Event)
Victoria Harbour (5 KM Event)

6. Training Pool

Wan Chai Swimming Pool (Time to be confirmed).

7. Events

Events will be held for both Men and Women categories.

8. ELIGIBILITY

- 8.1** National Team of Asia Aquatics Member Federations / Associations
- 8.2** Only athlete with citizenship of the countries.



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***Changing the Nationality of Competitors**

Should competitor represent his/her country or sport country, he/she shall be a citizen whether by birth of naturalization of the nation he/she represents provided that naturalized citizen shall have lived in that country for at least one year period. Any competitor wishes to change his/her affiliation from on Federation to another Federation must have a release letter from his/her previous National Federation and acceptance letter from his/her new National Federation and also agreement between two related NOC's. Both the letters should submit to Asia Aquatics for approval, a period of at least 2 years before he/she start competing for his/her New National Federation in Asia Aquatics activities.

9. ENTRIES

- 9.1** Each Member Federation may enter a maximum of 3 Swimmers per Event. (3 males and 3 females) but the best records of, only, two swimmers of each NFs will be considered in final Result and Ranking.
- 9.2** For easy operation and identification, swimmers may be required to wear the swimming caps provided by OC.
- 9.3** All entries must be accompanied by photocopies of International Passport. All documents must be certified by President/Secretary General of National Swimming Federation. Entries not supported by the documents will be automatically rejected.
- 9.4** National Federation are required to complete two entry forms to enter the 11th Asian Open Water Swimming Championship.
- 9.5** **Preliminary Entry Deadline: 20th September 2024**
- 9.6** **Final Entries Deadline: 18th October 2024**

10. ENTRY FEES

No fee will be charged.

11. TIME LIMIT

The time limit will be 30 minutes for 10km events and 15 minutes for 5km events.



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12. PRIZES

- GOLD, SILVER and BRONZE medals will be awarded to the respective winners in 10 KM Event.
- Trophies will be awarded to the respective winners in 5 KM Event.
- Diplomas will be presented to the first eight swimmers in ALL individual events.

13. PROTESTS & APPEAL

All protest and appeal will be dealt with in accordance to the World Aquatics/Asia Aquatics Rules.

14. COSTING FOR ACCOMODATION AND TRANSPORTATION

14.1 All participating athletes and accompanying officials must accommodate in the Official Hotel which had been appointed by the hosting Federation and bear their own cost of board and lodgings and transportation (overseas). All team must pay their accommodation fees every night as per the fees announced by the hosting Federation and approved by Asia Aquatics.

14.2 Free transportation will be provided to all participating teams from and to the airport, the training sites and competition venue.

Note: Local transportation arrangement (Airport Welcome and Official Training) will only be provided to those who book at the official hotel through the organizer.

15. OPENING CEREMONY

There is no official Opening Ceremony and the start of the 10 km Competition will be held on 8th November 2024 can be considered as the Opening of the Championship.

16. COURSE INSPECTION & PRE-RACE BRIEFING

The Team Manager Meeting for 10 KM Event will be held on 7th November 2024 at 17:00. The Course inspection will be held at 14:00.

The Team Manager Meeting for 5 KM Event will be held on 9th November 2024 at 14:00. The Course inspection will be held right after the conclusion of the meeting.

17. DOPING CONTROL

Doping Control Rules will be implemented according to Asia Aquatics and World Aquatics directions and will follow the procedures specified by World Anti-Doping Agency (WADA). Maximum number of samples will be 10 (5 men and 5 women).



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18. TRAINING & EVENT SCHEDULE

Training will be made available from 5th – 9th November 2024 at the Wan Chai Swimming Pool.

7th November 2024, Thursday

14:00 Course Inspection
15:00-16:00 Training at Sea (Competition Venue)
17:00 Team Manager Meeting at Official Hotel

8th November 2024, Friday

09:00 Reporting at Tai Mei Tuk Outdoor Activities Centre, Tai Po
10:00 Competition (Men 10km)
10:10 Competition (Women 10km)

9th November 2024, Saturday

14:00 Team Manager Meeting at Official Hotel
15:00 Course Inspection

10th November 2024, Sunday

06:30 Reporting at Golden Bauhinia Square, Wan Chai
07:30 Competition (Men & Women 5km)



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1. EVENT KEY DATES

20 Sep	PRELIMINARY ENTRY DEADLINE
18 Oct	ACCOMMODATION DEADLINE - Submission of Accommodation Forms
18 Oct	REGISTRATION DEADLINE – Final Nomination, Visa, Travel Details
5-7 Nov	OFFICIAL TRAINING
7 Nov	TEAM LEADERS MEETING – 17:00 at Nina Hotel Island South
8 Nov	COMPETITION – Men's and Women's 10km
9 Nov	TEAM LEADERS MEETING – 14:00 at Nina Hotel Island South
10 Nov	COMPETITION – Men's and Women's 5km

2. EVENT CONTACTS

Should you have any questions or queries regarding the information provided in this document please feel free to contact the following event contacts:.

Name & Last Name, Role: Della LEUNG, Executive Director

Email: dellaleung@hkgswimming.org.hk

Name & Last Name, Role: Donald FONG, Sports Executive

Email: donaldfong@hkgswimming.org.hk



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**3. OFFICIAL TRAINING SCHEDULE & COMPETITION
PROGRAMME**

Training Schedule:

Date	Time Slot	Venue
5 Nov	TBC	Wan Chai Swimming Pool
6 Nov	TBC	Wan Chai Swimming Pool
7 Nov	1500-1600	Tai Mei Tuk, Tai Po

Competition Programme:

8 Nov (Friday)

1000 - Men's 10km

1010 - Women's 10km

10 Nov (Sunday)

0730 - Men's and Women's 5km

Award ceremonies will take place at the competition venue, immediately after the race. All Announcements, instructions, and commands during the event will be in English.

4. PARTICIPANTS

Entries will be accepted only from National Asia Aquatics Member Federations which must also register a coach for each respective swimmer. A coach can be responsible for up to two (2) swimmers only. The coach is responsible for representing his/her swimmers at the Technical Meeting and feeding the swimmer during the event. The Asia Aquatics Technical Delegate together with the Chief Referee will accept entries and register only swimmers accompanied by the respective coach who is in charge of swimmer recognition during the race. A swimmer without a coach present will not be allowed to start the race. Each National Federation that has entered one or more swimmers in an Event must also have at least one representative (e.g. team leader, coach) present.



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5. ENTRY PROCESS

Registration: All National Federation registrations and sport entries must be submitted through email to donaldfong@hkgswimming.org.hk . Please respect the designated deadlines set by the hosting Federation.

6. TECHNICAL & TEAM LEADERS MEETING

The Team Leaders Meeting for Men's and Women's **10km** events will take place on Thursday, 7 November at **17:00** at Nina Hotel Island South.

The Team Leaders Meeting for Men's and Women's **5km** events will take place on Saturday, 9 November at **14:00** at Nina Hotel Island South.

At least one representative from each National Federation must attend this meeting.

7. VENUE & COURSE INFORMATION

The **10km** event will be organized on a 1666m course.
Swimmers must complete **6 laps**.

The **5km** event will be organized on a 1666m course.
Swimmers must complete **3 laps**.

More detailed information about the competition course will be shared closer to the competition.

8. RULES

Please note that all the events in the 11th Asian Open Water Swimming Championship will be conducted according to the latest World Aquatics Competition Regulations, in force at the time event.

World Aquatics Competition Regulations can be found on World Aquatics' website.



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9. ACCREDITATIONS & EVENT INFORMATION DESK

The Organizing Committee will provide all swimmers and team staff with an official Accreditation Card. Only accredited people will be allowed to access certain venue areas. All accredited people are requested to carry their Accreditation Cards with them at all times and to show them upon request.

Where to collect

Accreditation Card can be collected at the Information Desk in the official hotel. Team Managers will be required to present photographic identification for all team members.

10. MEDICAL

All Medical Support will be delivered by the local health authorities and in articulation with the Organizing Committee's Medical and Safety Officers, as well as World Aquatic/Asia Aquatics Rules and Procedures.

11. VISA INFORMATION & TRANSPORTATION

Visa Information

The Hong Kong China Swimming Association will facilitate the process of obtaining an entry visa to Hong Kong by issuing a supporting letter to concerned swimmers or team officials. All participants needing a Visa are requested to contact us by email to info@hkgswimming.org.hk **no later than 27 Sep 2024.**

For additional information on whether a Visa is needed for entry into Hong Kong please visit <https://www.immd.gov.hk/eng/services/visas/visit-transit/visit-visa-entry-permit.html>

Transportation

The LOC will facilitate Airport Welcome and Transportation services upon filling in the Travel Form and submit it by the deadline of **27 Sep 2024.**

All necessary transportation subject to the event and training schedule will be provided by LOC and the transportation schedule will be available to check at the Information Desk.



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12. ACCOMMODATION & MEALS

Nina Hotel Island South was appointed as the Official Hotel.

Room Rates:

Double Room Rate: 200 USD per person per night

Single Room rate: 250 USD per person per night

All prices are per person, on a full-board basis (**3 meals included**). Inclusive of VAT and applicable taxes. All **extra charges** are to be paid directly at the hotel.

In order to book your accommodation, please send the accommodation forms completed at: **info@hkgswimming.org.hk**; **donaldfong@hkgswimming.org.hk**